

Practical Guide to Analysis of Variance (ANOVA)



Core Knowledge Seminar
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Example Data: Diet and Ovariectomy (Ovx)

- **Study Design:**

- Each mouse is an experimental unit
- Balanced and complete randomized factorial design
- **Treatment: OVX** (shamOVX vs. OVX) and **Diet** (low fat vs. high fat) – **4 groups**
 - Combine the levels of the factors into one categorical variable
- **Outcome:** mouse weight (continuous variable)

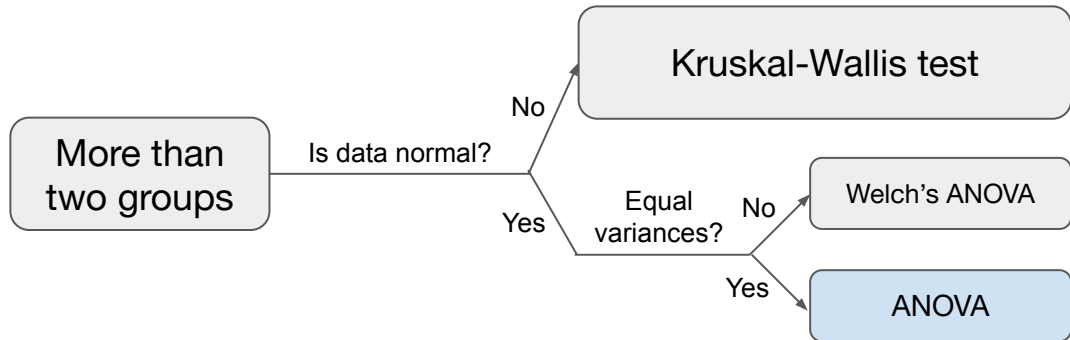
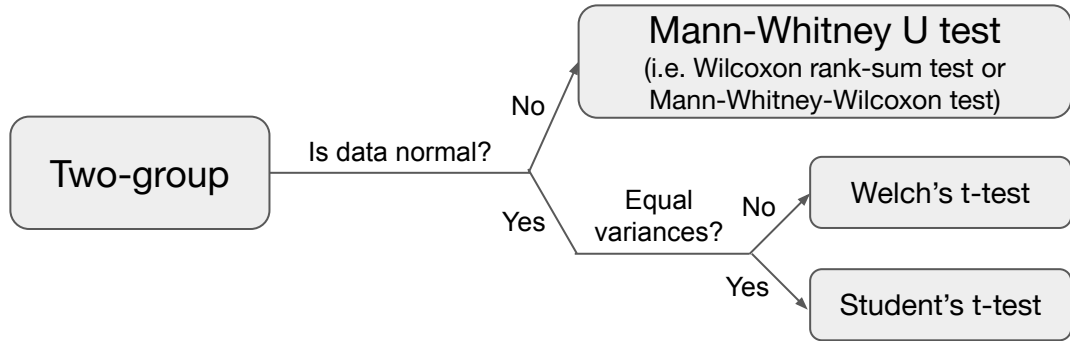
	LowFat	LowFat.OVX	HighFat	HighFat.OVX
N	10	10	10	10

- **Goal:** To identify whether there is a group(s) that has a significantly different mean weight.

One-way ANOVA



Where We Stand: to compare continuous data in multiple independent groups



- **Assumptions:**
 - Errors should be random and independent
 - Normality
 - Homogeneity of variance
- If assumptions **violated**,
 - Transform your data and see if they meet assumptions
 - If still violated, try non-parametric approach (**Kruskal-Wallis test**)

Fisher's Solution: ANOVA

- **Idea:** Instead of doing multiple pairs of comparisons, why don't we do a single test?
 - This test will tell us whether there is difference in any of the means.
 - We do multiple comparisons between pairs **only after** we know there is difference in means across the groups.
- **Hypotheses:**
 - H_0 : All group means are the same. ($H_0: \mu_1 = \mu_2 = \dots = \mu_p$)
 - H_a : At least one group mean is different.
- **Process:**
 - ($p > \alpha$) fail to reject H_0 → all group means are the same → No further investigation
 - ($p < \alpha$) reject H_0 → At least one group mean is different → Post-hoc analysis (i.e., pairwise comparison) to identify which group(s) mean(s) are significantly different.

Step by Step of One-way ANOVA

1. Combine the levels of the factors into one categorical variable (**Diet & OVX**)
2. Linear regression fitting to check group means
3. One-way ANOVA
4. Post-hoc analysis to assess hypotheses of interest
5. Model assumption assessment
6. Analysis with additional methods to improve the model

One-way ANOVA: Cell Means Model in R

```
cellmeans_model <- lm(MouseWt ~ GroupName - 1, data = dat.work)
summary(cellmeans_model)
```

```
## Call:
## lm(formula = MouseWt ~ GroupName - 1, data = dat.work)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -5.220  -1.123  -0.080   1.298   6.310
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## GroupNameLF      21.0800     0.7139   29.53 <2e-16 ***
## GroupNameLF.OVX  24.2200     0.7139   33.93 <2e-16 ***
## GroupNameHF      26.9900     0.7139   37.81 <2e-16 ***
## GroupNameHF.OVX  33.0300     0.7139   46.27 <2e-16 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 2.257 on 36 degrees of freedom
## Multiple R-squared:  0.9936, Adjusted R-squared:  0.9929
## F-statistic: 1398 on 4 and 36 DF, p-value: < 2.2e-16
```

- In R, 1 means Intercept.
- Hence, -1 means intercept-free model, which is “cell means model”.

Each coefficient indicates each group mean directly

One-way ANOVA

```
anova(cellmeans_model)
```

```
## Analysis of Variance Table
##
## Response: MouseWt
##           Df  Sum Sq Mean Sq F value    Pr(>F)
## GroupName  4 28504.2  7126.0  1398.3 < 2.2e-16 ***
## Residuals 36   183.5     5.1
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

As $p < 0.001$, we can conclude that at least one group mean is different.

Now, we are wondering which group mean(s) are different → **Post-hoc analysis**

One-way ANOVA: Post-hoc Analysis

```
library(multcomp)
aov.cellmeans <- aov(MouseWt ~ GroupName -1, data = dat.work)
summary(glht(aov.cellmeans, linfct=mcp(GroupName="Tukey")), test = adjusted("none"))
```

```
## Simultaneous Tests for General Linear Hypotheses
##
## Multiple Comparisons of Means: Tukey Contrasts
##
##
## Fit: aov(formula = MouseWt ~ GroupName - 1, data = dat.w
##
## Linear Hypotheses:
##           Estimate Std. Error t value Pr(>|t|)
## HighFat.OVX - HighFat == 0      6.04      1.01   5.983 7.33e-07 ***
## LowFat - HighFat == 0      -5.91      1.01  -5.854 1.09e-06 ***
## LowFat.OVX - HighFat == 0      -2.77      1.01  -2.744 0.00941 **
## LowFat - HighFat.OVX == 0     -11.95      1.01 -11.837 5.73e-14 ***
## LowFat.OVX - HighFat.OVX == 0   -8.81      1.01  -8.726 2.07e-10 ***
## LowFat.OVX - LowFat == 0       3.14      1.01   3.110 0.00365 **
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
## (Adjusted p values reported -- none method)
```

Depending on your hypotheses:

- Compare all possible pairs: “Tukey”
- Compare control to each treatment group: “Dunnett”
- Or **Customize the contrast matrix K**

One-way ANOVA: Contrast Matrix

```
K <- rbind("OVX effect in LF"      = c(-1, 1, 0, 0),  
          "OVX effect in HF"      = c(0, 0, -1, 1),  
          "HF effect in shamOVX" = c(-1, 0, 1, 0),  
          "HF effect in OVX"      = c(0, -1, 0, 1),  
          "OVX effect"            = c(-1, 1, -1, 1),  
          "HF effect"            = c(-1, -1, 1, 1),  
          "OVX HF Interaction"    = c(1, -1, -1, 1))  
summary(glht(aov.cellmeans, linfct=mcp(GroupName=K)), test = adjusted(type="none"))
```

If you are interested in a specific treatment effect, we can identify the effect of interest by designing and inputting a contrast matrix

One-way ANOVA: Contrast Matrix (cont'd)

```
## Simultaneous Tests for General Linear Hypotheses
##
## Multiple Comparisons of Means: User-defined Contrasts
##
## Fit: aov(formula = MouseWt ~ GroupName - 1, data = dat.work)
##
## Linear Hypotheses:
##
##           Estimate Std. Error t value Pr(>|t|)
## OVX effect in LF == 0      3.140      1.010   3.110  0.00365 **
## OVX effect in HF == 0      6.040      1.010   5.983  7.33e-07 ***
## HF effect in shamOVX == 0   5.910      1.010   5.854  1.09e-06 ***
## HF effect in OVX == 0      8.810      1.010   8.726  2.07e-10 ***
## OVX effect == 0            9.180      1.428   6.430  1.86e-07 ***
## HF effect == 0            14.720      1.428  10.310  2.73e-12 ***
## OVX HF Interaction == 0     2.900      1.428   2.031  0.04967
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
## (Adjusted p values reported -- none method)
```

Significance Level and Multiple Comparisons

- **Family-wise error rate (FWER):** Probability of having at least one false positives (i.e., Type I error) in multiple comparisons
 - When comparing more than 2 group means, using significance level of α , what is the probability of making at least one wrong decisions?
- FWER for different number of comparisons given different significance levels:

	1	3	6	10	15	21	28	36	45
0.05	0.05	0.14	0.26	0.4	0.54	0.66	0.76	0.84	0.90
0.01	0.01	0.03	0.06	0.1	0.14	0.19	0.25	0.30	0.36

One-way ANOVA: Post-hoc Analysis

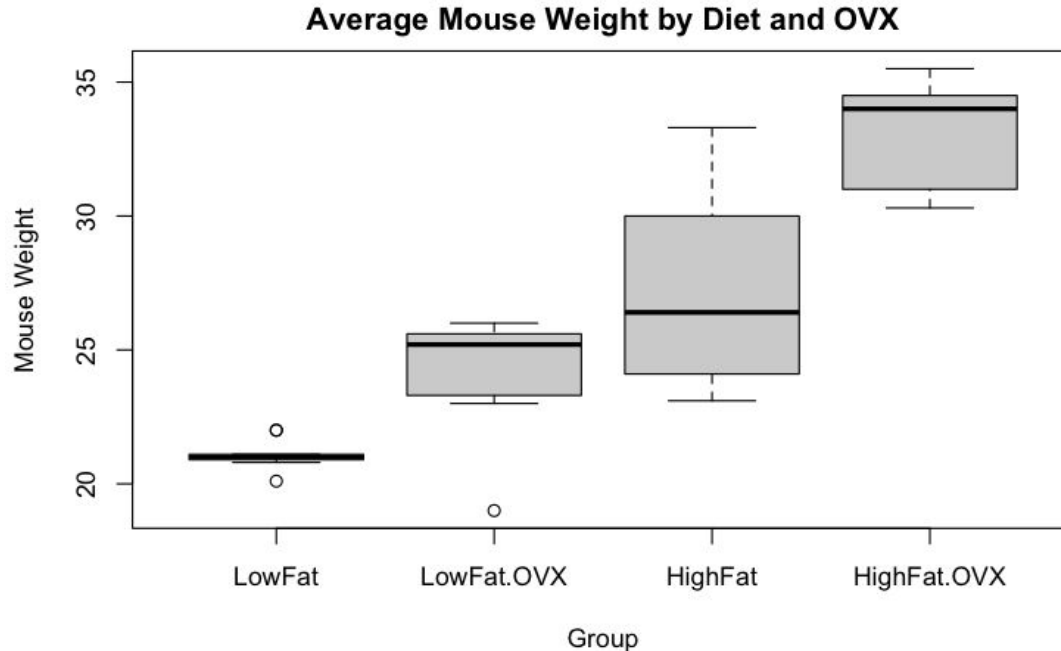
```
library(multcomp)
aov.cellmeans <- aov(MouseWt ~ GroupName -1, data = dat.work)
summary(glht(aov.cellmeans, linfct=mcp(GroupName="Tukey")), test = adjusted("none"))
```

```
## Simultaneous Tests for General Linear Hypotheses
##
## Multiple Comparisons of Means: Tukey Contrasts
##
##
## Fit: aov(formula = MouseWt ~ GroupName - 1, data = dat.work)
##
## Linear Hypotheses:
##
##           Estimate Std. Error t value Pr(>|t|)
## HighFat.OVX - HighFat == 0      6.04      1.01   5.983 7.33e-07 ***
## LowFat - HighFat == 0      -5.91      1.01  -5.854 1.09e-06 ***
## LowFat.OVX - HighFat == 0      -2.77      1.01  -2.744 0.00941 **
## LowFat - HighFat.OVX == 0     -11.95      1.01 -11.837 5.73e-14 ***
## LowFat.OVX - HighFat.OVX == 0   -8.81      1.01  -8.726 2.07e-10 ***
## LowFat.OVX - LowFat == 0       3.14      1.01   3.110 0.00365 **
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
## (Adjusted p values reported -- none method)
```

In case you need p-value adjustment due to the multiple comparison, here we can select p-value adjustment method. For more, check out `?multcomp::adjusted` in R.

One-way ANOVA: Boxplot

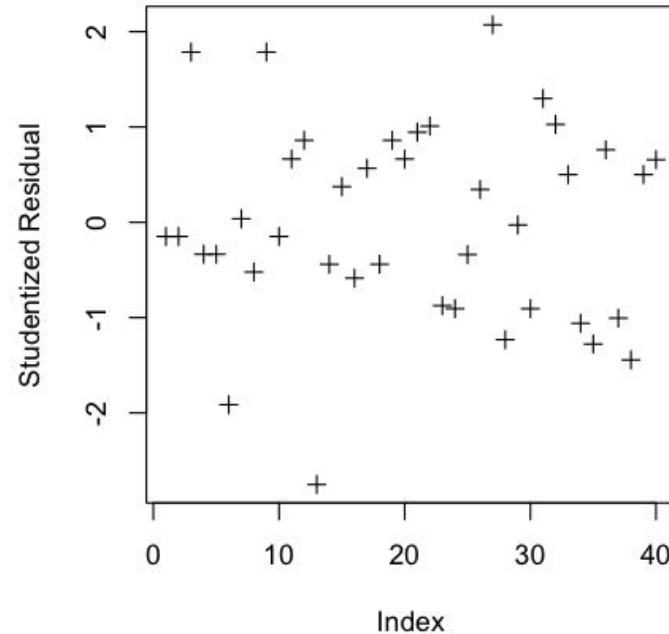
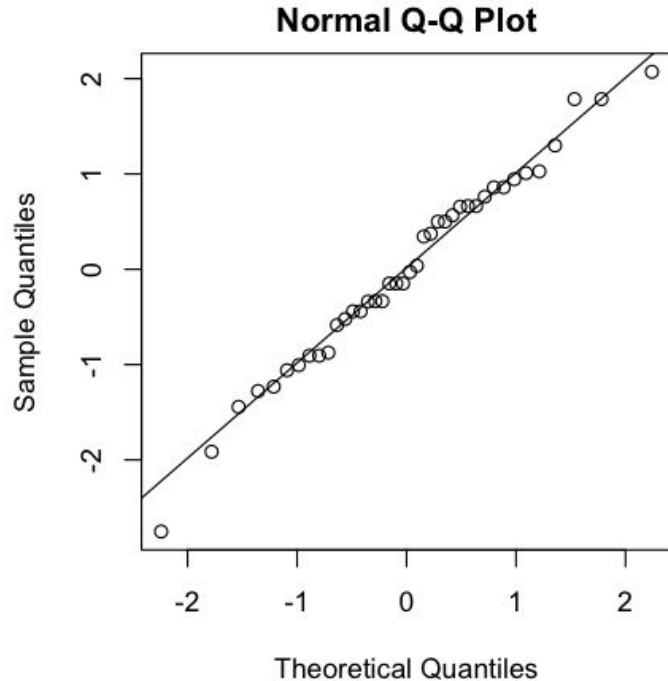
```
boxplot(MouseWt ~ GroupName, data = dat.work,  
        xlab = "Group", ylab = "Mouse Weight",  
        main = "Average Mouse Weight by Diet and OVX")
```



Model Diagnostics - Normality & Equal Variances

```
qqnorm(rstudent(cellmeans_model))  
qqline(rstudent(cellmeans_model))
```

```
plot(1:nrow(dat.work), rstudent(cellmeans_model), pch=3,  
     xlab="Index", ylab="Studentized Residual")
```



Two-way ANOVA



Two-way ANOVA: Basic Idea

- **Idea:** An extension of one-way ANOVA to the two factor setting
- **Process:**
 - Partition the total variation into 3-4 parts
 - Variation due to treatment factor1 (Diet)
 - Variation due to treatment factor2 (OVX)
 - Variation due to interaction between factor1 and factor2 (Diet and OVX) - optional
 - Variation due to random error
 - Compare each of the first three parts with the fourth part
- Two-way ANOVA does NOT have strong rationale with FWER control.
 - Allows control for FWER for each factor separately.

Step by step of two-way ANOVA

1. Linear regression fitting to check group means
2. Two-way ANOVA for assessing main effects and interaction effects (optional)
3. Post-hoc analysis to assess hypotheses of interest
4. Model assumption assessment
5. Analysis with additional methods to improve the model

Two-way ANOVA: effects model in R

```
effects_model <- lm(MouseWt ~ Diet * OVX, data = dat.work)
summary(effects_model)
```

```
Call:
lm(formula = MouseWt ~ Diet * OVX, data = dat.work)
```

```
Residuals:
    Min       1Q   Median       3Q      Max
-5.220 -1.123 -0.080  1.298  6.310
```

```
Coefficients:
              Estimate Std. Error t value Pr(>|t|)
(Intercept)    21.0800     0.7139  29.529 < 2e-16 ***
DietHighFat     5.9100     1.0096   5.854 1.09e-06 ***
OVXOVX         3.1400     1.0096   3.110 0.00365 **
DietHighFat:OVXOVX 2.9000     1.4277   2.031 0.04967 *
---
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

```
Residual standard error: 2.257 on 36 degrees of freedom
Multiple R-squared:  0.8083, Adjusted R-squared:  0.7923
F-statistic: 50.59 on 3 and 36 DF,  p-value: 5.42e-13
```

This time, intercept was included, which is “**effects model**.”

In effects model,

- the intercept indicates the **reference group's mean**.
- Here, LowFat and shamOVX group.
- Other coefficients show the mean difference between each of other groups and LowFat and shamOVX group.

Two-way ANOVA

```
anova(effects_model)
```

```
## Analysis of Variance Table
##
## Response: MouseWt
##           Df Sum Sq Mean Sq  F value    Pr(>F)
## Diet       1  541.70   541.70 106.2948 2.731e-12 ***
## OVX        1  210.68   210.68  41.3411 1.859e-07 ***
## Diet:OVX   1   21.02    21.02   4.1256 0.04967 *
## Residuals 36  183.46     5.10
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

- Interaction term is significant
- Conclusion: there is a significant association between **Diet** and **Ovx**.

Two-way ANOVA: Contrast Matrix

```
K2 <- rbind("LF.OVX - LF"           = c(0,0,1,0),
           "HF.OVX - HF"           = c(0,0,1,1),
           "HF - LF"               = c(0,1,0,0),
           "HF.OVX - LF.OVX"       = c(0,1,0,1),
           "LF.OVX + HF.OVX - LF - HF" = c(0,0,2,1),
           "HF + HF.OVX - LF - LF.OVX" = c(0,2,0,1),
           "HF.OVX - HF - LF.OVX + LF" = c(0, 0, 0, 1))

summary(glht(effects_model, linfct=K2), test=adjusted(type="none"))
```

Likewise, we can input a contrast matrix depending on your hypotheses.

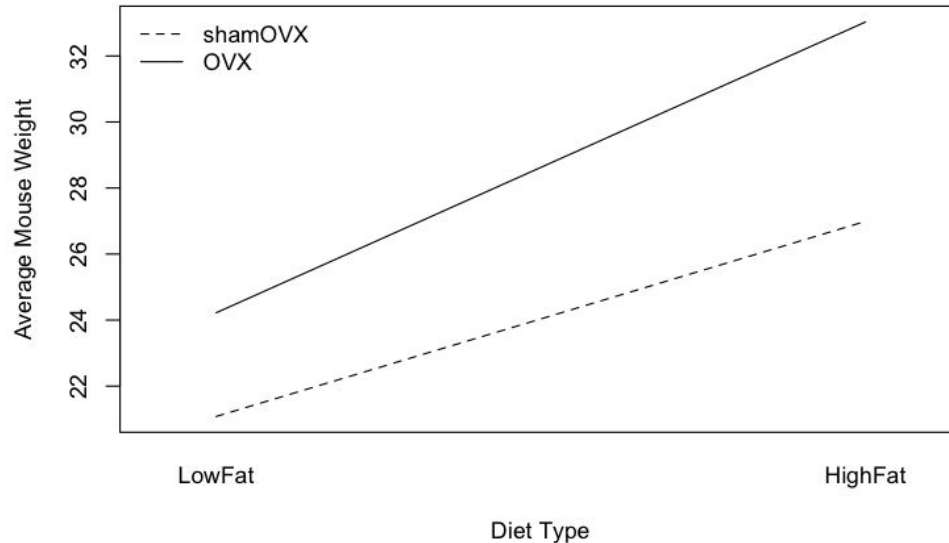
However, this time the contrast matrix is different as we used effects model instead of cell means model.

Two-way ANOVA: Contrast Matrix

```
##
##   Simultaneous Tests for General Linear Hypotheses
##
## Fit: lm(formula = MouseWt ~ Diet * OVX, data = dat.work)
##
## Linear Hypotheses:
##           Estimate Std. Error t value Pr(>|t|)
## LF.OVX - LF == 0      3.140      1.010   3.110 0.00365 **
## HF.OVX - HF == 0      6.040      1.010   5.983 7.33e-07 ***
## HF - LF == 0          5.910      1.010   5.854 1.09e-06 ***
## HF.OVX - LF.OVX == 0  8.810      1.010   8.726 2.07e-10 ***
## LF.OVX + HF.OVX - LF - HF == 0  9.180      1.428   6.430 1.86e-07 ***
## HF + HF.OVX - LF - LF.OVX == 0 14.720      1.428  10.310 2.73e-12 ***
## HF.OVX - HF - LF.OVX + LF == 0  2.900      1.428   2.031 0.04967 *
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
## (Adjusted p values reported -- none method)
```

Two-way ANOVA: Interaction Plot

```
interaction.plot(dat.work$Diet, dat.work$OVX, dat.work$MouseWt,  
                xlab="Diet Type", ylab="Average Mouse Weight",  
                legend=F, lty=2:1)  
legend("topleft", legend=levels(dat.work$OVX), lty=2:1, bty="n")
```



Interaction Term Analysis Process

Run the model and examine the importance of interaction term

(general rule used by some statisticians) Q. Interaction term $p < 0.25$?

Yes

No

- Test hypotheses of interest
- Assess model assumptions

- Remove the interaction term
- Refit the model

Q. Model assumptions are met?

Yes

No

Report results

- Transform the data → rerun the model
- Sensitivity analysis with other modeling strategies
- Report the results based on all the analysis performed

- Keeping interaction term when there is no interaction → reduced efficiency in estimation
- Dropping interaction term when there is interaction → biased main treatment effect estimation

Partial F-test

Partial F-test: Basic Idea

- **When to Use:** To compare model fitting performances between a complex model and a simpler subset model.
 - e.g. $Y \sim b_0 + b_1X_1 + b_2X_2 + b_3X_3$ vs. $Y \sim b_0 + b_1X_1 + b_2X_2$
 - **Nested models:** A complex model should include all predictors that a simpler model has.
 - Cannot use to compare non-nested models → Use AIC, BIC, or Vuong's test instead.
- **Hypotheses:**
 - H_0 : Simpler (subset) model with predictors p_{simple} is better.
 - H_a : Complex model with predictors p_{complex} is better.
- **Process:**
 - $(p > \alpha)$ fail to reject H_0 → Simpler (i.e., subset or reduced) model is better.
 - $(p < \alpha)$ reject H_0 → Complex (i.e., full) model is better

Partial F-test in R

```
reduced_model <- lm(MouseWt ~ Diet, data = dat.work)
full_model <- lm(MouseWt ~ Diet + OVX + Diet * OVX, data = dat.work)
anova(reduced_model, full_model)
```

```
## Analysis of Variance Table
##
## Model 1: MouseWt ~ Diet
## Model 2: MouseWt ~ Diet + OVX + Diet * OVX
##   Res.Df    RSS Df Sum of Sq    F    Pr(>F)
## 1      38 415.17
## 2      36 183.46  2    231.71 22.733 4.129e-07 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

As $p < 0.05$, there is enough evidence that either **OVX** or **Diet * OVX interaction term** are statistically significant.

In other words, complex (full) model is better than the simpler (reduced) model.

Repeated Measures and Mixed Effects Model



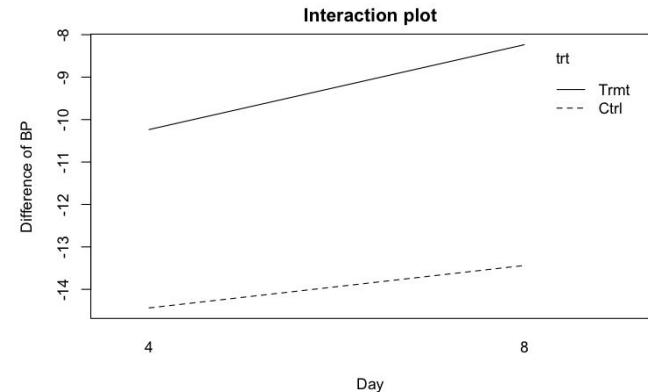
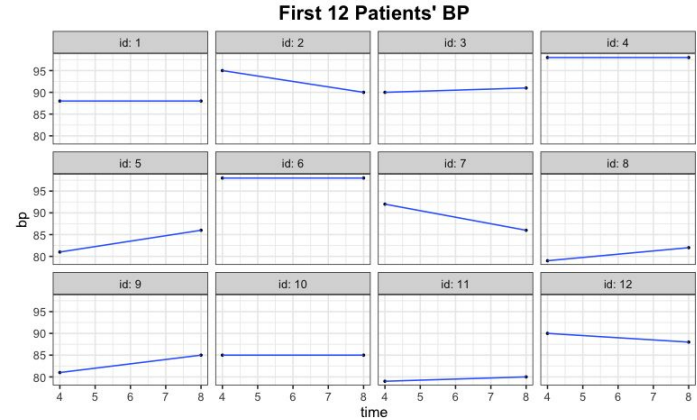
Repeated Measures ANOVA and Mixed-Effects Model

- **Idea:** to compare means across one or more variables that are based on repeated observations.
- **Common issues:**
 - **NA values:** If there is a missing value, you'd need to ignore all data for that sample →
Solution: Imputation
 - What if we cannot do imputation? Any alternative approach?
- **Alternative: Mixed Effects Model**
 - Mixed effects model consists of two parts:
 - Fixed effect: when you test for variation among the means of the particular groups
 - Random effect: individual sample effects (animals, participants, rounds ...) are considered random

Example Data: Blood Pressure

- **Study Design:**

- Total 66 patients blood pressure measured over time
- **Factors: Drug** (control vs. treatment) and **Time** (Day4 vs. Day8)
- **Outcome:** blood pressure (continuous)
- **Issue:** Patients' bp change over time differs from sample to sample
- **Solution:** Treat drug and time effects fixed and randomize sample effects



Mixed Effects Model in R

```
blood_fit <- lmer(d ~ trt + time + trt * time + (1|id), data = blood_data)
summary(blood_fit)
```

Green: fixed effects (treatment and time effect and the interaction of between treatment and time)

Yellow: random effects (individaul sample effect randomized)

Mixed Effects Model in R (cont'd)

```
## Linear mixed model fit by REML. t-tests use Satterthwaite's method [lmerModLmerTest]
## Formula: d ~ trt + time + trt * time + (1 | id)
## Data: blood_data
## REML criterion at convergence: 862
## Scaled residuals:
##      Min       1Q   Median       3Q      Max
## -1.92294 -0.44315  0.05264  0.36653  2.14310
##
## Random effects:
## Groups Name      Variance Std.Dev.
## id      (Intercept) 58.00    7.616
## Residual              14.87    3.857
## Number of obs: 132, groups: id, 66
##
## Fixed effects:
##              Estimate Std. Error      df t value Pr(>|t|)
## (Intercept)  -14.4375    1.5091  78.3627  -9.567 8.24e-15 ***
## trtTrmt       4.2022    2.1026  78.3627   1.999  0.0491 *
## time8         1.0000    0.9642  64.0000   1.037  0.3036
## trtTrmt:time8 1.0000    1.3434  64.0000   0.744  0.4594
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Correlation of Fixed Effects:
##              (Intr) trtTrm time8
## trtTrmt      -0.718
## time8        -0.319  0.229
## trtTrmt:tm8  0.229 -0.319 -0.718
```

Between sample variation is much bigger than within sample variation (almost 4 times)

- BP treatment effect was significant (P=0.049)
- Time effect was not significant (P=0.303)
- Interaction between treatment and time was not significant (P=0.459), thereby no significant effect of a new drug over time.

Biostatistics Support



Cold Spring Harbor Laboratory

Biostatistics Services Provided

1. Office Hours: Thursday 2-4pm - calendly.com/cshlbiostat
2. Research Collaborations - Model Development
3. Research Data Analysis
4. Biostatistical Support Letters
5. Study Design and Power Calculations
6. Review/Writing of Methods Sections

Questions?



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